The Monthly Newsletter of the Memphis Scottish Society, Inc.

Next on the Agenda - the 2005 MSSI Halloween Party/ Cookout/PotLuck/Bonfire/Singing /Piping and story-telling/ evening to help raise fun with Hurricane Diane who insists you bring it!

It's harvest season once again which means it is time for the annual MSSI Halloween party. This year's celebration will be held at St. Columba on Saturday evening, October 29, from 6:00—10:00 p.m. You can expect storytelling, singing, piping, costume contests for both children and adults, pumpkin carving and turnip decorating (or turnip carving and pumpkin decorating!) contests, a really big bonfire, and a fun-filled evening with friends.

The night's potluck menu includes hamburgers and hot dogs (or bangers, if you please), supplied by MSSI and expertly grilled by Chef Bill Crump. If your last name begins with A—D, please bring desserts; E—J, appetizers and salads; K—M, condiments, relishes, or pickles; N—S, side dishes; T—Z, buns or chips and dips.

St. Columba Episcopal Center is at 4577 Billy Maher Road in Bartlett. From Austin Peay Highway, take Austin Peay to Old Brownsville Road and go east to Billy Maher Road. Turn south on Billy Maher and St. Columba is on the right. From I-40, take exit 12 (Sycamore View) north. Stay on this road as it changes names (Bartlett Blvd, then Billy Maher). St. Columba is on the left, just past Bartlett Elementary School. Look for the blue and white MSSI signs.

Bring something to sit on around the campfire unless you and the ground are comfortable together. Contact Diane Wade at 382-1402 or Haniel 56@yahoo.com for more information.

Jack-O-Lanterns

The direct predecessor of jack-o'-lanterns dates from 18th century Ireland, where ancient Celtic traditions remained a significant part of the national culture. A very popular character in Irish folk tales was **Stingy Jack**, a disreputable miser who, on several occasions, avoided damnation by tricking the devil (often on All Hallows' Eve). In one story, he convinced Satan to climb up a tree for some apples, and then cut crosses all around the trunk so the devil couldn't climb down. The devil promised to leave Jack alone forever, if he would only let him out of the tree.

When Jack eventually died, he was turned away from Heaven, due to his life of sin. But, in keeping with their agreement, the Devil wouldn't take Jack either. He was cursed to travel forever as a spirit in limbo. As Jack left the gates of Hell, the Devil threw him a hot ember to light the way in the dark. Jack placed the ember in a hollowed-out turnip, and wandered off into the world. According to the Irish legend, you might see Jack's spirit on All Hallows' Eve, still carrying his turnip lantern through the darkness. (continued on pg 6)

YOUR MSSI BOARD

Joe Lyle......754-1811

Diane Wade......382-1402

Scottish Connection

When you're watching a stage hypnotist make ordinarily normal people squawk like chickens or assume the persona of a screen diva, are you aware of a Scottish Connection? Well, there is one: the father of hypnosis, the man who actually coined the term was a Scottish surgeon named James Braid.

Braid was born in 1795, in Rylawhouse, Fifeshire, Scotland. He studied in Edinburgh and concerned himself extensively with surgery. Dr. Braid wrote on orthopaedic surgery, the treatment of club foot, squint, and other surgical topics, which he published in the *Edinburgh Medical and Surgical Journal*.

Braid initially was a physician to the mines of Leads-Hill in Lanarkshire, Scotland, but then moved to Manchester, England, and established in a surgical practice. His keen interest in mesmerism, as hypnotisism was then called, was aroused in November 1841, when he watched a demonstration by Charles Lafontaine, a stage hypnotist. Though Braid recognized that most of Lafontaine act was chicanery, he was fascinated by the apparent physiological changes apparent in one of the subjects. In his words, "[the] next night, I watched this case when again operated on, with intense interest, and before the termination of the experiment, felt assured I had discovered its cause, but considered it prudent not to announce my opinion publicly, until I had had an opportunity of testing its accuracy, by experiments and observation in private." An admirable attitude and in spite of which, Braid made the mistake which would, nevertheless, establish him in the history books forever.

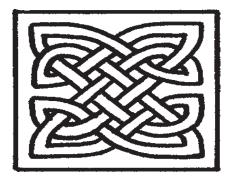
Because, you see, hypnosis had been around a long time. History records that the Greeks used trance induction to treat anxiety and hysteria. The Druids were aware of it and called it "magic sleep". In the 18th Century Dr. Mesmer called it "animal magnetism". It fell to our man Braid in the 19th Century to name it "hypnosis" (the Greek word for 'sleep', from the name of the Greek god of sleep, Hypno). And therein lay his mistake. He soon realized that it wasn't sleep, and modern recordings of brain rhythms indicate that it is a separate state of consciousness somewhere in between sleeping and waking. But by the time he realize his error, the term had already become established in no less than 8 modern languages.

Braid was mainly interested in the therapeutic possibilities of hypnosis and reported successful treatment of diseased states such as paralysis, rheumatism, and aphasia (the loss of ability to use or remember words). He anticipated that one day hypnosis could be used to alleviate the pain and anxiety of patients in surgery.

Though hypnosis is still exploited by night club performers, Dr. Braid's hopes that it could be employed in legitimate medical practice are being realized today in numerous widely-accepted treatments for such conditions as addiction cessation,

chronic pain, and sleep disorders. It is one of our best palliative measures for terminal patients, especially those with cancer.

So, next time you are getting, sleepy, *sleepy*, remember Dr. James Braid and hypnosis' Scottish Connection



GRACE NOTES

Grace Notes is the official publication of the Memphis Scottish Society, Inc. It is published monthly. Like the Society itself, the credo of *Grace Notes* is "to foster education and promote understanding of things Scottish."

If you have something of interest to readers of this newsletter, please submit a typewritten manuscript to the editorial staff. If the article or notice is very brief (30 words or fewer), just use the telephone. Grace Notes will accept and publish good quality photographs (preferably black and white; no Polaroids, please).

The deadline for all submissions is the second week of each month preceding the month of publication. Please include a self-addressed stamped envelope with each submission, if you want the material returned.

Editorial Staff

Mary Ann Lucas - StarCntyDown@aol.com Editor, (901-725-1879)
Sammy Rich - Rich_SamuelS@bellsouth.net Publisher, (901-272-7159)
Ben Kemker - DrKemker@aol.com Circulation Editor, (901-386-9909)
Melissa Gibson -mlissgibson@aol.com Line Editor, (901 299-3170)

Please address all correspondence to:

Grace Notes

The Memphis Scottish Society, Inc. P. O. Box 241934 Memphis, TN 38124-1934 to foster education and promote understanding of things Scottish



The Scottish Will Website

Thanks to Dan Irvin, who forwarded this 11/9/3 entry on http://www.genealogyblog.com/?p=18:

I checked out the **Scottish Documents** website a few days ago. Since I do a lot of Scots Irvine research, I was extremely interested in the site. Was I ever thrilled with what I found! The following introduction is from the **Scottish Documents** website:

Scottishdocuments has been created by the Scottish Archive Network (SCAN). To find out more about the key aims of SCAN please go to our SCAN project website at www.scan.org.uk. Our key aim is to open up Scotland's rich archival heritage to everyone. A complete index to all the registers of Scottish wills and testaments from 1500 to 1901 is available free of charge on this website - www.scottishdocuments.com - and the related digital images of the wills are being made available for purchase in a rolling program, due for completion in late 2003.

The Scottish Wills team has a permanent staff of three archivists seconded from the National Archives of Scotland (NAS) and two conservators, with 11 volunteers from the Genealogical Society of Utah (GSU).

From a news release of 3 November 2003, I got the following information:

The 23rd of October 2003, saw the official launch event for the Scottish Archive Network. Although SCAN was officially established in 1999, we are only now nearing completion of all of our original objectives, namely:

- 1. To digitize the wills and testaments of Scots from 1500 to 1875 (later extended to 1901).
- 2. To compile an electronic catalogue of collections held by 52 archives around Scotland and make this available online at www.scan.org.uk .
- 3. To create a knowledge base of the answers to 1000 questions frequently asked in archives around Scotland as well as a host of other resources to help users interpret the fascinating contents of Scotland's archives.

Specifically, our launch event was to mark the availability of 20,000 collection descriptions from our 52 participating archives. You can now search this by going to http://www.scan.org.uk and select the "Online Catalogues" link from the home page.

I immediately began my search for Irvine documents. I first typed the name "Irvine" into the search box and was rewarded with 422 matches. My 4th great grandfather's name was William, and searching for William Irvine alone, I got 41 matches. While I wasn't able to identify any of the wills, inventories, and or testaments as "my" William's document, I haven't ruled them all out yet either.

This is an absolutely astounding site. If you have Scots ancestry, you've got to check it out! – Leland Meitzler

September Member Meeting in Brief

President Bill Crump announced that Bud Hisky is recovering well following coronary artery bypass surgery today. Lee Hutchison provided the latest update on Clanjamfry.

The program was "All Creatures Great and Wee: Scottish Fauna" by Mary Ann Lucas, who introduced her topic with the release of midges destined to bite and welt most humans whose blood type is susceptible to mosquitos. She then spoke of mystical silkies, sea horses, kelpies, and brownies as well as red herrings, grey geese, scots dumpy chickens, turra coo, and many other species of animals. As the program concluded, a few individuals were noted to be scratching and slapping to no avail, as these minute midges penetrated the crowd and exposed flesh. The meeting was adjourned. – Dena Warth, Board Secretary (The Board was unable to meet in September.)

Don't forget to make your dinner reservation for this month's Memphis Scottish Society member meeting on Monday, October 10th. Reservations are due by Thursday, October 6th and can be made by calling 901-725-1879 or by e-mail to StarCntyDown@aol.com . The program will be presented by President Bill Crump on Scottish Herbs & Edible Plants. – Thanks for the reminder Faye!

Clanjamfry 2005: A Triumph!

From the Sponsor Reception all the way through the Dinner on the Grounds (this year *under* the grounds in the church hall/basement), Clanjamfry 2005 met or exceeded all expectations. And MSSI members participated in all the events.

Sponsors sampled a lavish hors d'oeuvre buffet with Scotch whiskey and Scottish ale for sipping while enjoying Brenda Maguire's dulcet harp. At the Ceilidh the talents of Wolf River Pipes & Drums, Memphis Scottish Country Dancers, Mary Ann Lucas, and Brenda Maguire were showcased along with several other performers.

Saturday's events started off with a bang, literally, as Bruce Erskine piped the 5K runners to start the race. MSSI, SAMS, WRP&D, and Society of Band Wives of Memphis all hosted tents, while several MSSI members (among others, Ben & Mary Ellen Kemker, James & Patti Forsythe, and Jackie & Lou Garner) served in their representative clan tents. WRP&D had quadruple duty, playing at opening and closing ceremonies and giving two demonstrations in the sanctuary. Dan Irvin supervised the Athletic Games Demos. Even amongst the vendors one could find our members: Joan Kelley's woodturnings (with able assistant Ernest) and Linda & Gary Wood's The Celtic Moor. The Heritage tent hosts Mary Ann Lucas & Nancy Gresham presented a whole cavalcade of presenters, including John Schultz, Robert Burns (filling in for Bud Hisky, who was greatly missed), Seldon Murray, Bill Maguire, Royal Stewart, Cat Cannito, Dan Irvin, and the Caledonian Chorale. Those attending also enjoyed full schedules on the Music Stage and the Dance Stage, especially our Memphis Scottish Country Dancers and WindDance, a breath-taking troupe of youngsters from near Selmer, TN. Eats, both Scottish and more typical event fare, were consumed with great relish. (And some mustard, too!) Thanks also to John & Linda Simmons who kept all faire-goers hydrated by volunteering at the water concession.

A full day of more strenuous activities couldn't diminish the attendance or enthusiasm displayed at Saturday night's concert by Scottish legends The Tannahill Weavers. The lads rarely disappoint, and this performance was no exception.

Sunday morning saw the arrival of the long-expected remnants of Hurricane Rita, which was unlikely to discourage hardy Scots, and it certainly didn't. The sanctuary was filled with worshipers who sang and attended to the wise words of Rev. Dr. Ken Letterman. Not a few eyes were misty while many clasped their bits of tartan during the blessing and WRP&D played favorite tunes. And THEN, the members of Evergreen Presbyterian Church extended their renowned Scottish hospitality to all those attending with a fried chicken dinner and all the trimmings!

Could one ask for anything more? Surely not, but there's more to come: Clanjamfry 2006 in already underway! After this year's fete, however, the performance bar has been set very high. Thanks and congratulations to all involved for an excellent festival!

The Heritage Tent Lady

The Music Stage





Mangled Macbeth



HALLOWEEN BARM BRACK

Halloween comes from the Celtic celebration of Samhain, known as the 'split between the worlds' where mortals have the opportunity to get a glimpse of the Other world. As Samhain was a time of fortune-telling and 'seeing' into the future, various objects can be baked inside this bread in keeping with the fun. Things like thimbles (spinsterhood), a pea (financial difficulties), wedding rings, coins, etc. found in your piece would give a clue to what the next year holds for you. "Barm" is an Anglo-Saxon word for beorma, which was the liquor that was used to raise the cake. "Brack" is from the Irish word meaning speckled. Enjoy! Happy Celtic New Year to you!

- 4 cups of flour
- ½ teaspoon cinnamon
- ½ teaspoon nutmeg
- ½ teaspoon salt
- 2 heaping tablespoons of butter
- 1 package yeast
- 1 cup sugar
- 1 cup of warm milk
- 1 egg
- 1 1/4 cups golden raisins
- 1 cup currents
- ½ cup mixed candied fruit



Thoughts and Prayers

Please remember 2nd Lt. Brook Crihfield, his wife Heather and their new son Joseph as he is deployed this month to Iraq.

objects of portent** (you may want to wrap these things in waxed paper to prevent the possibility of someone swallowing them)

Sift the flour, spices, and salt. Cream yeast with a tsp of the sugar and a tsp of the warm milk; (mixture should froth). Mix remaining sugar with the flour mixture and blend well. Add the remaining milk and egg to the yeast mixture. Combine milk mixture and flour mixture and beat well with a wooden spoon. Batter should be firm but elastic. Fold in fruit and wrapped items. Cover with a cloth and leave in a warm place until the dough doubles in size. Divide into two loaves and place each in a 7" cake pan. Cover and let rise for about 30 minutes.

Bake at 400 degrees for about 1 hour. Glaze with 1 tablespoon of sugar dissolved in 2 tsp of boiling water and return to the oven for 3 minutes. Turn out onto cooling rack. Serve warm with butter. Thank-you Nancy Gresham for this treat, may I come over for some?



Donations Needed

Dan Irvin, who is chairing the Silent Auction at this year's Burns' Nicht, has issued a call for Auction items. Twenty to thirty of both hard items (actual goods like books, whiskey, jewelry, etc.) and soft items (gift certificates and the like) would be ideal. Please notify Dan of your donation at 901-481-8880 or danirvin@bellsouth.net.



Flowers of the Forest

Condolences are extended to the friends and family of James M. Futrell, longtime MSSI member.

The Story of Halloween

Halloween is one of the oldest holidays with origins going back thousands of years. The holiday we know as Halloween has had many influences from many cultures over the centuries. From the Roman's Pomona Day, to the Celtic festival of Samhain, to the Christian holidays of All Saints and All Souls Days.

Hundreds of years ago in what is now Great Britain and Northern France, lived the Celtics. The Celtics worshipped nature and had many gods, with the sun god as their favorite. It was "he" who commanded their work and their rest times, and who made the earth beautiful and the crops grow. The Celtics celebrated their New Year on November 1st. It was celebrated every year with a festival and marked the end of the "season of the sun" and the beginning of "the season of darkness and cold."

On the eve before their new year (October 31), it was believed that all the dead people were called together . The dead would take different forms, with the bad spirits taking the form of animals. The most evil taking the form of cats. On October 31st after the crops were all harvested and stored for the long winter the cooking fires in the homes would be extinguished. The Druids, the Celtic priests, would meet in the hilltop in the dark oak forest (oak trees were considered sacred). The Druids would light new fires and offer sacrifices of crops and animals. As they danced around the the fires, the season of the sun passed and the season of darkness would begin.

When the morning arrived the Druids would give an ember from their fires to each family who would then take them home to start new cooking fires. These fires would keep the homes warm and free from evil spirits. The November 1st festival was named after Samhain and honored both the sun god and Samhain. The festival would last for 3 days. Many people would parade in costumes made from the skins and heads of their animals. This festival would become the first Halloween.

During the first century the Romans invaded Britain. They brought with them many of their festivals and customs. One of these was the festival know as Pomona Day, named for their goddess of fruits and gardens. It was also celebrated around the 1st of November. After hundreds of years of Roman rule the customs of the Celtic's Samhain festival and the Roman Pomona Day mixed becoming 1 major fall holiday.

The next influence came with the spread of the new Christian religion throughout Europe and Britain. In the year 835 AD the Roman Catholic Church would make November 1st a church holiday to honor all the saints. This day was called All Saint's Day, or Hallowmas, or All Hallows. Years later the Church would make November 2nd a holy day. It was called All Souls Day and was to honor the dead. It was celebrated with big bonfires, parades, and people dressing up as saints, angels and devils.

But the spread of Christianity did not make people forget their early customs. On the eve of All Hallows, Oct. 31, people continued to celebrate the festival of Samhain and Pomona Day. Over the years the customs from all these holidays mixed. October 31st became known as All Hallow Even, eventually All Hallow's Eve, Hallowe'en, and then - Halloween.

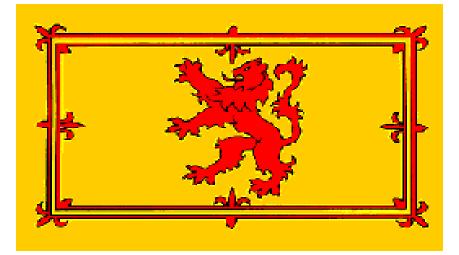
The Halloween we celebrate today includes all of these influences, Pomona Day's apples, nuts, and harvest, the Festival of Sanhain's black cats, magic, evil spirits and death, and the ghosts, skeletons and skulls from All Saint's Day and All Soul's Day. http://www.scottishradiance.com/halstory.html

Jack 0' Lanterns (continued from pg 1)

Traditional jack-o'-lanterns, hollowed-out turnips with embers or candles inside, became a very popular Halloween decoration in Ireland and Scotland a few hundred years ago. Folk tradition held that they would ward off Stingy Jack and other spirits on Halloween, and they also served as representations of the souls of the dead. Irish families who emigrated to America brought the tradition with them, but they replaced the turnips with the more plentiful pumpkins. As it turns out, pumpkins were easier to carve than turnips. People began to cut frightening faces and other elaborate designs into their jack-o'-lanterns.

http://people.howstuffworks.com/halloween6.html

Calendar of Events



Treasurer's Corner

Balance (6/24) \$ 7,682.03 Deposits \$ 74.00 Withdrawals (\$ 560.36) Ending Balance \$ 7,195.67

Faye Dalrymple 253 CR 180 Oakland, MS 38948 662-623-7394

Celtic Entertainment

Jan 21. 2006 Burns Nicht

Sundays, 12 noon

"Delta Celtica" Cassie Tobin, host WEVL-FM89.9

Sundays, 5:00 p.m.

"The Thistle and Shamrock" WKNO-FM 91.1

Sundays, 5:00 p.m.

"Celtic Connections" WMAV-FM 90.3

Saturdays, 10:00 a.m.

"Strands of the Celtic Knot" Robert Campbell, host WEVL-FM 89.9

The Best Beer

After a Beer Festival, in London, all the brewery presidents decided to go out for a beer. The guy from Corona sits down and says "Hey, Señor, I would like the world's best beer, a Corona." The bartender dusts off a bottle from the shelf and gives it to him. The guy from Budweiser says "I'd like the best beer in the world, give me 'The King of Beers', a Budweiser." The bartender gives him one. The guy from Coors says "I'd like the only beer made with Rocky Mountain spring water, give me a Coors." He gets it. The guy from Guinness sits down and says "Give me a Coke." The bartender is a little taken aback, but gives him what he ordered. The other brewery presidents look over at him and ask "Why aren't you drinking a Guinness?" and the Guinness president replies "Well, if you fellas aren't drinking beer, neither will I." *Thanks, Dan Irvin, for passing this little jewel along*.

Coming in October

At the October meeting watch for details of upcoming social events: the Halloween Party, the Christmas Party, and Burns' Nicht. Our President Bill Crump will present a program on Scottish plant life, emphasizing edibles and herbs. And it will be a good time to pay your annual dues (which are, ahem, *due* this month) and to purchase your Burns' Nicht tickets. It will help our financial volunteers greatly if you will transact your dues separately from your Burns' Nicht tickets. SAMS weapon raffle tickets will also be available.

If you didn't get enough Clanjamfry this year, you can pick up a bit more on WKNO Channel 10's *Southern Routes* show. Airings are Thursday, October 6 at 7:30 pm; Sunday, October 16 at 11:30 am; and Saturday, October 22 at 8 am.

On Sunday, October 23rd we are invited to the annual Kirkin' o' the Tartans at First Presbyterian Church USA in Greenwood, Mississippi. Wolf River Pipe & Drum will open the Sunday morning activities with a brief recital at 10:15 am and will lead the procession into the 11:00 am service. Dr. Jim Simpson, a native of Motherwell, Scotland, and currently serving in Roswell, GA, will deliver the sermon. After the service luncheon will be served in the church hall; tickets will be available at the door, but it would be polite to call and let them know you're planning to attend, so they can have sufficient food prepared.

Next Regular Monthly Meeting - Reservations Required (725-1879)
Oct 10th - Holiday Inn at Poplar and I-240
Membership Meeting, Dinner @ 6:00, Program @ 7:00
Board Meeting, Oct 6th at 5:30 Shoneys at I-40 and Summer

GRACE NOTES

The Memphis Scottish Society, Inc. P. O. Box 241934 Memphis, TN 38124-1934

