ANNOUNCEMENTS

Pray this week for all to have a wondrous summer of renewing sun and joyous hours in the great outdoors that God has given us.

Pray for the people of Laing Avenue that the Word of God will enter their hearts and lives of all who live within their neighbourhood.



The flowers are given to the

GLORY OF GOD

and in loving memory of

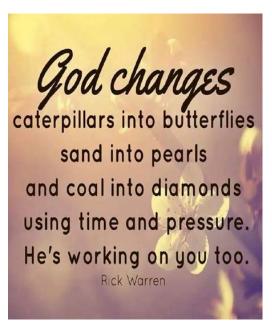
Keith & Barbara Leonard

who engaged in the causes and passions of our world

WELCOME

ST MONICA'S ANGLICAN CHURCH

470 Woodbine Avenue, Toronto 416 466 7201



HOLY COMMUNION

at 10:30 a.m. Sunday, the 28th day of July 2019

The Reverend Nola Crewe - Minister
The Reverend Benjamin Gillard - Deacon
Elizabeth Achimah - Pastoral Associate
Kim Marshall - Music Master
Karen Anders on - Warden
William Sharpe - Chair

I who made the stars of night, I will make their darkness bright.

GATHERING of the COMMUNITY

Alleluial Christ is risen

ALL: The Lord is risen indeed. Alleluia!

May his grace and peace be with you.

ALL: May he fill our hearts with joy!

HYMN - Love Divine

Love divine, all loves excelling
Joy of heaven, to earth come down
Fix in us thy humble dwelling
All thy faithful mercies crown
Jesus, Thou art all compassion
Pure unbounded love Thou art
Visit us with Thy salvation
Enter every trembling heart.

Breathe O breathe Thy loving Spirit
Into every troubled breast
Let us all in Thee inherit
Let us find Thy promised rest
Take away the love of sinning
Alpha and Omega be
End of faith, as it's beginning
Set our hearts at liberty.

Who will bear My light to them?
Whom shall I send?

Here I am Lord, Is it I Lord?
I have heard You calling in the night.
I will go Lord, if You lead me.
I will hold Your people in my heart.

I, the Lord of wind and flame,I will tend the poor and lame.I will set a feast for them,My hand will save

Finest bread I will provide,
Till their hearts be satisfied.
I will give My life to them,
Whom shall I send?

Here I am Lord, Is it I Lord?
I have heard You calling in the night.
I will go Lord, if You lead me.
I will hold Your people in my heart.

BLESSING

We came together this day to praise our Saviour. We go forth to serve His world through His works.

ALL: We go forth to serve our Saviour. AMEN

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THE PRAYER AFTER COMMUNION

Come, Almighty to deliver

ALL: Everlasting God, in faith you have adopted us as your children, made us members of the body of Christ and chosen us as inheritors of your kingdom: We thank you that in this bread and wine you renew your promises within us, empower us by your Spirit to witness and to serve, and send us out as disciples of your Son, Jesus Christ our Lord. AMEN

CLOSING RESPONSES

(A Gaelic blessing)

May the strength of God pilot us,

ALL: and the power of God preserve us.

May the wisdom of God instruct us,

ALL: and the hand of God protect us.

May the way of God direct us,

ALL: may the shield of God defend us.

And may the Father, the Son and the Holy Spirit be

with you now, and for evermore.

ALL: AMEN

HYMN - Here I am Lord

I, the Lord of sea and sky,
I have heard My people cry.
All who dwell in dark and sin,
My hand will save.

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Let us all Thy grace receive
Suddenly return and never
Never more Thy temples leave
Thee we would be always blessing
Serve Thee as Thy hosts above
Pray and praise Thee without ceasing
Glory in Thy perfect love

Finish then Thy new creation

Pure and spotless let us be

Let us see Thy great salvation

Perfectly restored in Thee

Changed from glory into glory

Till in heaven we take our place

Till we cast our crowns before Thee

Lost in wonder love and praise.

The First Lesson is from in GENESIS [Genesis 18:20-32] Then the LORD said, "How great is the outcry against Sodom and Gomorrah and how very grave their sin! I must go down and see whether they have done altogether according to the outcry that has come to me; and if not, I will know." So the men turned from there, and went toward Sodom, while Abraham remained standing before the LORD. Then Abraham came near and said, "Will you indeed sweep away the

Page 3

On the night he was betrayed, at supper with his

righteous within the city; will you then sweep away the place and not forgive it for the fifty righteous who are in it? Far be it from you to do such a thing, to slay the righteous with the wicked, so that the righteous fare as the wicked! Far be that from you! Shall not the Judge of all the earth do what is just?" And the LORD said, "If I find at Sodom fifty righteous in the city, I will forgive the whole place for their sake." Abraham answered, "Let me take it upon myself to speak to the Lord, I who am but dust and ashes. Suppose five of the fifty righteous are lacking? Will you destroy the whole city for lack of five?" And he said, "I will not destroy it if I find forty-five there." Again he spoke to him, "Suppose forty are found there." He answered, "For the sake of forty I will not do it." Then he said, "Oh do not let the Lord be angry if I speak. Suppose thirty are found there." He answered, "I will not do it, if I find thirty there." He said, "Let me take it upon myself to speak to the Lord. Suppose twenty are found there." He answered, "For the sake of twenty I will not destroy it." Then he said, "Oh do not let the Lord be angry if I speak just once more. Suppose ten are found there." He answered, "For the sake of ten I will not destroy it." Hear what the Spirit says to God's people.

ALL: Thanks be to God.

friends he took bread, and gave you thanks; he broke it and gave it to them, saying:

"Take, eat; this is my body which is given for you; do this in remembrance of me."

ALL: Father, we do this in remembrance of him: his body is the bread of life.

At the end of supper, taking the cup of wine, he gave You thanks, and said:

"Drink this, all of you; this is my blood of the new covenant, which is shed for you for the forgiveness of sins. Do this in remembrance of me."

ALL: Father, we do this in remembrance of him: his blood is shed for all.

As we proclaim his death and celebrate his rising in glory, send your Holy Spirit that this bread and this wine may be to us the body and blood of your dear Son

ALL: As we eat and drink these holy gifts make us one in Christ, our risen Lord.

THE COMMUNION



given us. Forgive us for our hard-heartedness toward you and our neighbours; for our pride and self-absorption; and above all, for doubting your love for us. We thank you for your mercy and the grace to amend our lives, and we ask for your Spirit to transform us into your likeness.

AMEN

May Almighty God, whose steadfast love is as great as the heavens are high above the earth, remove your sins from you, as far as the east is from the west, strengthen your life in his kingdom, and keep you upright to the last day; through Jesus Christ our merciful Lord.

ALL: AMEN

THE EUCHARISTIC PRAYER:

The Lord is here. Lift up your hearts.

ALL: We lift them to the Lord.

Let us give thanks to the Lord our God.

ALL: It is right to give thanks and praise.

It is right to praise you, Father, Lord of all creation; in your love you made us for yourself. When we turned away you did not reject us but came to meet us in your Son.

ALL: You embraced us as your children and welcomed us to sit and eat with you.

In Christ you shared our life that we might live in him and he in us.

ALL: He opened his arms of love upon the cross and made for all the perfect sacrifice for sin.

PSALM 138

I give you thanks, O LORD, with my whole heart; before the gods I sing your praise;

I bow down toward your holy temple and give thanks to your name for your steadfast love and your faithfulness; for you have exalted your name and your word above everything.

On the day I called, you answered me, you increased my strength of soul.

All the kings of the earth shall praise you, O LORD, for they have heard the words of your mouth.

They shall sing of the ways of the LORD, for great is the glory of the LORD.

For though the LORD is high, he regards the lowly; but the haughty he perceives from far away.

Though I walk in the midst of trouble, you preserve me against the wrath of my enemies; you stretch out your hand, and your right hand delivers me.

The LORD will fulfill his purpose for me; your steadfast love, O LORD, endures forever. Do not forsake the work of your hands.

The Second Lesson is from the Book of COLOSSIANS [Colossians 2:6-15, 16-19]

As you therefore have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. See to it that no

one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it. Therefore do not let anyone condemn you in matters of food and drink or of observing festivals, new moons, or sabbaths. These are only a shadow of what is to come, but the substance belongs to Christ. Do not let anyone disqualify you, insisting on self-abasement and worship of angels, dwelling on visions, puffed up without cause by a human way of thinking, and not holding fast to the head, from whom the whole body, nourished and held together by its ligaments and sinews, grows with a growth that is from God. Hear what the Spirit says to God's Churches.

ALL: Thanks be to God.

ALL: We believe and trust in Him.

Leader: Do you believe and trust in God the Holy Spirit, who gives life to the people of God and makes Christ known in the world?

ALL We believe and trust in Her.

Leader: This is the faith of the Church.

ALL: This is our faith. We believe and trust in one God, Father, Son and Holy Spirit.

AMEN.

The LORD'S PRAYER

ALL: Our Father, who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. AMEN

THE CONFESSION

Page 6

ALL: Most merciful Father, we have sinned and are guilty before you. Forgive us for deception and untruthfulness in our dealings with others. Forgive us in our glances and imagination; for pining after more comfort, status, beauty and wealth than you have

Leader: We pray that peace will break out all over the world and war will be no more.

ALL: Hear our prayers, we beseech Thee.

Leader: We pray for the two Michaels imprisoned wrongfully by China and used as bargaining blocks.

ALL: Hear our prayers, we beseech Thee.

Leader: Bless those of our community who are missing from our numbers because of ill health or a failure of faith.

ALL: Hear our prayers, we beseech Thee.

Leader: Give all of us opportunities to grow in wisdom and faith and let the Holy Spirit guide us to recognize Your gifts.

ALL: Hear our prayers, we beseech Thee.

Leader: Let us give thanks for those who love us and may we ever return that most blessed of gifts.

ALL: Hear our prayers, we beseech Thee.

Leader: We lift our voices in our individual prayers to Thee.

[raise your voice in prayer of needs and thanksqivings]

ALL: Hear our prayers, we beseech Thee.

AMEN

WHAT WE BELIEVE:

Leader: Do you believe and trust in God the Father.

ALL: We believe and trust in Him.

Leader: Do you believe and trust in God the Son, who took our human nature, died for us, and rose again?

HYMN - Seek Ye First

Seek ye first
The kingdom of God
And His righteousness

And all these things Shall be added unto you Allelu, alleluia

Ask and it shall
Be given unto you
Seek and ye shall find
Knock and the door
Shall be opened unto you
Allelu, alleluia

Seek ye first
The kingdom of God
And His righteousness
And all these things
Shall be added unto you
Allelu, alleluia x2

THE GOSPEL

Gospeller: The Lord be with you.

All: And also with you.

Gospeller: THE HOLY GOSPEL of our Lord Jesus

Christ according to LUKE

[Luke 11:1-13].

And it came to pass, that, as he was praying in a certain place, when he ceased, one of his disciples said unto him, Lord, teach us to pray, as John also taught his disciples. And he said unto them, When ye pray, say, Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done, as in heaven, so in earth. Give us day by day our daily bread. And forgive us our sins; for we also forgive every one that is indebted to us. And lead us not into temptation; but deliver us from evil. And he said unto them, Which of you shall have a friend, and shall go unto him at midnight, and say unto him, Friend, lend me three loaves; For a friend of mine in his journey is come to me, and I have nothing to set before him? And he from within shall answer and say, Troublehttps://www.biblestudytools.com/interlinearbible/strongs/?t=kjv&ll=g&sn=2873 me not: the door is now shut, and my children are with me in bed; I cannothttps://www.biblestudytools.com/interlinearbible/strongs/?t=kjv&ll=g&sn=3756 rise and give thee. I say unto you. Though he will not rise and give him, because he is his friend, yet because of his importunity he will rise and give him as many as he needeth. And I say unto you, Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you. For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened. If a son shall ask bread of any of you that is a father, will he give him a stone? or if he ask a fish, will he for a fish give him a serpent? Or if he shall ask an egg, will he

THE PEOPLE'S PRAYERS

Leader: Holy Trinity, we come to you with our cares and concerns, our fears and our needs, and we pray, "Bless us and hear our prayers". We pray for a world of peace where strife is no more.

ALL: Hear our prayers, we beseech Thee.

Leader: We pray for our Queen and her family,
and all those who govern with grace and love for their
people.

ALL: Hear our prayers, we beseech Thee.

Leader: We pray for our new Primate and for all the leaders of God's churches that they may fulfill your will.

ALL: Hear our prayers, we beseech Thee.

Leader: We pray for all the peoples of our Parish and beyond that they may know the blessing of salvation bought in the sacrifice of Jesus.

ALL: Hear our prayers, we beseech Thee.

Leader: In particular, we pray for those living on

Laing Avenue that they may learn of the love that

Jesus bestows on all of the people of our world.

ALL: Hear our prayers, we beseech Thee.

Leader: We pray for all who suffer in body, soul or mind, that they may find your healing love.

ALL: Hear our prayers, we beseech Thee.

offer him a scorpion? If ye then, being evil, know how to give good gifts unto your children: how much more

Page 8

Who died eternal life to bring
And lives that death may die
Crown Him the Lord of years
The Potentate of time
Creator of the rolling spheres
Ineffably sublime

All hail, Redeemer, hail!

For Thou hast died for me

Thy praise and glory shall not fail

Throughout eternity

Crowns Him the Son of God
Before the worlds began
And ye, who tread where He hath trod
Crown Him the Son of man

Who every grief hath known
That wrings the human breast
And takes and bears them for His own
That all in Him may rest

Crown Him the Lord of heaven
One with the Father known
One with the Spirit through Him given
From yonder glorious throne

All hail, Redeemer, hail!

For Thou hast died for me

Thy praise and glory shall not fail

shall your heavenly Father give the Holy Spirit to them that ask him? This is the Word of the Lord.

All: Thanks be to God.

HOMILY - The Reverend Nola Crewe

OFFERTORY PRAYER

ALL: God you are eternally blessed, and possess all things in heaven and on earth. All things come from you and from your gifts of time and talents, we give back to you.

AMEN

HYMN - Crown Him with Many Crowns

Crown Him with many crowns
The Lamb upon His throne
Hark! How the heavenly anthem drowns
All music but its own!
Awake, my soul and sing
Of Him who died for Thee
And hail Him as thy matchless King
Through all eternity

Crown Him the Lord of life
Who triumphed o'er the grave
Who rose victorious to the strife
For those He came to save

Throughout eternity

His glories now we sing Who died and rose on high

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the day of 10:30 a.m.

The Reverend Nola Crewe - Rector
The Reverend Benjamin Gillard - Deacon
Elizabeth Achimah - Pastoral Associate
Karen Anderson - Warden
Kim Marshall - Musician
William Sharpe - Chair of the Advisory Board

WELCOME

GATHERING of the COMMUNITY

Alleluia! Christ is risen.

ALL: The Lord is risen indeed. Alleluia!

May his grace and peace be with you.

ALL: May he fill our hearts with joy!

HYMN - Love Divine

Love divine, all loves excelling
Joy of heaven, to earth come down
Fix in us thy humble dwelling
All thy faithful mercies crown
Jesus, Thou art all compassion
Pure unbounded love Thou art
Visit us with Thy salvation
Enter every trembling heart.

Breathe O breathe Thy loving Spirit

Into every troubled breast

Let us all in Thee inherit

Let us find Thy promised rest

Take away the love of sinning

Alpha and Omega be

End of faith, as it's beginning

Set our hearts at liberty.

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Let us all Thy grace receive

Suddenly return and never

Never more Thy temples leave

Thee we would be always blessing

Serve Thee as Thy hosts above

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Glory in Thy perfect love

Finish then Thy new creation

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Changed from glory into glory

Till in heaven we take our place

Till we cast our crowns before Thee

Lost in wonder love and praise.

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slay the righteous with the wicked, so that the righteous fare as the wicked! Far be that from you! Shall not the Judge of all the earth do what is just?" And the LORD said, "If I find at Sodom fifty righteous in the city, I will forgive the whole place for their sake." Abraham answered, "Let me take it upon myself to speak to the Lord, I who am but dust and ashes. Suppose five of the fifty righteous are lacking? Will you destroy the whole city for lack of five?" And he said, "I will not destroy it if I find forty-five there." Again he spoke to him, "Suppose forty are found there." He answered, "For the sake of forty I will not do it." Then he said, "Oh do not let the Lord be angry if I speak. Suppose thirty are found there." He answered, "I will not do it, if I find thirty there." He said, "Let me take it upon myself to speak to the Lord. Suppose twenty are found there." He answered, "For the sake of twenty I will not destroy it." Then he said, "Oh do not let the Lord be angry if I speak just once more. Suppose ten are found there." He answered, "For the sake of ten I will not destroy it." This is the Word of the Lord.

ALL: Thanks be to God.

PSALM 138

I give you thanks, O LORD, with my whole heart; before the gods I sing your praise;

I bow down toward your holy temple and give thanks to your name for your steadfast love and your faithfulness; for you have exalted your name and your word above everything.

On the day I called, you answered me, you increased my strength of soul.

All the kings of the earth shall praise you, O LORD, for they have heard the words of your mouth.

They shall sing of the ways of the LORD, for great is the glory of the LORD.

For though the LORD is high, he regards the lowly; but the haughty he perceives from far away.

Though I walk in the midst of trouble, you preserve me against the wrath of my enemies; you stretch out your hand, and your right hand delivers me.

The LORD will fulfill his purpose for me; your steadfast love, O LORD, endures forever. Do not forsake the work of your hands.

The Second Lesson is from the Book of COLOSSIANS

[Colossians 2:6-15, 16-19]

As you therefore have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of

God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it. Therefore do not let anyone condemn you in matters of food and drink or of observing festivals, new moons, or sabbaths. These are only a shadow of what is to come, but the substance belongs to Christ. Do not let anyone disqualify you, insisting on self-abasement and worship of angels, dwelling on visions, puffed up without cause by a human way of thinking, and not holding fast to the head, from whom the whole body, nourished and held together by its ligaments and sinews, grows with a growth that is from God. Hear what the Spirit says to God's Churches.

ALL: Thanks be to God.

HYMN - Seek Ye First

Seek ye first
The kingdom of God
And His righteousness
And all these things
Shall be added unto you
Allelu, alleluia

Ask and it shall
Be given unto you
Seek and ye shall find
Knock and the door
Shall be opened unto you
Allelu, alleluia

Seek ye first
The kingdom of God

And His righteousness

And all these things

Shall be added unto you

Allelu, alleluia x2

THE GOSPEL

Gospeller: The Lord be with you.

All: And also with you.

Gospeller: THE HOLY GOSPEL of our Lord Jesus Christ according to LUKE

[Luke 11:1-13]

He was praying in a certain place, and after he had finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." He said to them, "When you pray, say: Father, hallowed be your name. Your kingdom come. Give us each day our daily bread. And forgive us our sins, for we ourselves forgive everyone indebted to us. And do not bring us to the time of trial." And he said to them, "Suppose one of you has a friend, and you go to him at midnight and say to him, 'Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him.' And he answers from within, 'Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything.' I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs. "So I say to you, Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!" This is the Word of the Lord.

All: Thanks be to God.

HOMILY - The Reverend Nola Crewe

OFFERTORY PRAYER

ALL: God you are eternally blessed, and possess all things in heaven and on earth. All things come from you, and we give back to you from the talents and the gifts you have so generously given us.

AMEN

HYMN - Crown Him with Many Crowns

Crown Him with many crowns
The Lamb upon His throne
Hark! How the heavenly anthem drowns
All music but its own!
Awake, my soul and sing
Of Him who died for Thee
And hail Him as thy matchless King
Through all eternity

Crown Him the Lord of life
Who triumphed o'er the grave
Who rose victorious to the strife
For those He came to save

His glories now we sing
Who died and rose on high
Who died eternal life to bring
And lives that death may die

Crown Him the Lord of years
The Potentate of time
Creator of the rolling spheres
Ineffably sublime

All hail, Redeemer, hail!

For Thou hast died for me

Thy praise and glory shall not fail

Throughout eternity

Crowns Him the Son of God
Before the worlds began

And ye, who tread where He hath trod
Crown Him the Son of man

Who every grief hath known
That wrings the human breast

And takes and bears them for His own
That all in Him may rest

Crown Him the Lord of heaven
One with the Father known
One with the Spirit through Him given
From yonder glorious throne

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Throughout eternity

Leader: Holy Trinity, we come to you with our cares and concerns, our fears and our needs, and we pray, "Bless us and hear our prayers". We pray for a world of peace where strife is no more.

ALL: Hear our prayers, we beseech Thee.

Leader: We pray for our Queen and family, and all who govern with grace and love for their people who look to them.

ALL: Hear our prayers, we beseech Thee.

Leader: We pray for our new Primate and for all the leaders of God's churches that they may fulfill your will.

ALL: Hear our prayers, we beseech Thee.

Leader: We pray for all the peoples of our Parish and beyond that they may know the blessing of salvation bought in the sacrifice of Jesus.

ALL: Hear our prayers, we beseech Thee.

Leader: In particular, we pray for those living on Laing Avenue that they may learn of the love that Jesus bestows on all of people of our world.

Leader: Hear our prayers, we beseech Thee.

Leader: We pray for all who suffer in body, soul or mind, that they may they experience your healing love.

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Leader: Give all of us opportunities to grow in wisdom and faith and let the Holy Spirit guide us to recognize Your gifts.

ALL: Hear our prayers, we beseech Thee.

Leader: Let us give thanks for those who love us and may we ever return that most blessed of gifts.

ALL: Hear our prayers, we beseech Thee.

Leader: We life our voices in our individual prayers to Thee,

{raise your voice in prayer for your needs and thanksgivings . . .]

ALL: Hear our prayers, we beseech Thee.

AMEN

WHAT WE BELIEVE:

Leader: Do you believe and trust in God the Father.

ALL: We believe and trust in Him.

Leader: Do you believe and trust in God the Son, who took our human nature, died for us, and rose again?

ALL: We believe and trust in Him.

Leader: Do you believe and trust in God the Holy Spirit, who gives life to the people of God and makes Christ known in the

world?

ALL We believe and trust in Her.

Leader: This is the faith of the Church.

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and Holy Spirit. AMEN.

The LORD'S PRAYER

ALL: Our Father, who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. AMEN

THE CONFESSION

ALL: Most merciful Father, we have sinned and are guilty before you. Forgive us for deception and untruthfulness in our dealings with others. Forgive us in our glances and imagination; for pining after more comfort, status, beauty and wealth than you have given us. Forgive us for our hard-heartedness toward you and our neighbours; for our pride and self-absorption; and above all, for doubting your love for us. We thank you for your mercy and the grace to amend our lives, and we ask for your Spirit to transform us into your likeness.

AMEN

May Almighty God, whose steadfast love is as great as the heavens are high above the earth, remove your sins from you, as far as the east is from the west, strengthen your life in his kingdom, and keep you upright to the last day; through Jesus Christ our merciful Lord.

ALL: AMEN

THE EUCHARISTIC PRAYER:

The Lord is here. Lift up your hearts.

ALL: We lift them to the Lord.

Let us give thanks to the Lord our God.

ALL: It is right to give thanks and praise.

It is right to praise you, Father, Lord of all creation; in your love you made us for yourself. When we turned away you did not reject us but came to meet us in your Son.

ALL: You embraced us as your children and welcomed us to sit and eat with you.

In Christ you shared our life that we might live in him and he in us.

ALL: He opened his arms of love upon the cross and made for all the perfect sacrifice for sin.

On the night he was betrayed, at supper with his friends he took bread, and gave you thanks; he broke it and gave it to them, saying:

Take, eat; this is my body which is given for you; do this in remembrance of me.

ALL: Father, we do this in remembrance of him: his body is the bread of life.

At the end of supper, taking the cup of wine, he gave you thanks, and said:

Drink this, all of you; this is my blood of the new covenant, which is shed for you for the forgiveness of sins; do this in remembrance of me.

ALL: Father, we do this in remembrance of him: his blood is shed for all.

As we proclaim his death and celebrate his rising in glory, send your Holy Spirit that this bread and this wine may be to us the body and blood of your dear Son. ALL: As we eat and drink these holy gifts make us one in Christ, our risen Lord.

THE COMMUNION



THE PRAYER AFTER COMMUNION

ALL: Everlasting God, in faith you have adopted us as your children, made us members of the body of Christ and chosen us as inheritors of your kingdom: We thank you that in this bread and wine you renew your promises within us, empower us by your Spirit to witness and to serve, and send us out as disciples of your Son, Jesus Christ our Lord. AMEN

May the strength of God pilot us,

ALL: and the power of God preserve us.

May the wisdom of God instruct us,

ALL: and the hand of God protect us.

May the way of God direct us,

ALL: may the shield of God defend us.

And may the Father, the Son and the Holy Spirit be with you now, and for evermore.

ALL: AMEN

HYMN - Here I am Lord

I, the Lord of sea and sky,
I have heard My people cry.
All who dwell in dark and sin,
My hand will save.
I who made the stars of night,
I will make their darkness bright.
Who will bear My light to them?
Whom shall I send?

Here I am Lord, Is it I Lord?

I have heard You calling in the night.

I will go Lord, if You lead me.

I will hold Your people in my heart.

I, the Lord of wind and flame,
I will tend the poor and lame.
I will set a feast for them,
My hand will save
Finest bread I will provide,
Till their hearts be satisfied.
I will give My life to them,
Whom shall I send?

Here I am Lord, Is it I Lord?

I have heard You calling in the night.

I will go Lord, if You lead me.

I will hold Your people in my heart.

BLESSING

We came together this day to praise our Saviour. We go forth to serve His world through His works.

ALL: We go forth to serve our Saviour. AMEN

ANNOUNCEMENTS

Pray this week for all to have a wondrous summer of renewing sun and joyous hours in the great outdoors that God has given us.

Pray for the people of Laing Avenue

that the Word of God will enter the hearts and lives of all who live within their neighbourhood.



The flowers are given to the

GLORY OF GOD

and in loving memory of

Keith & Barbara Leonard

who engaged in the causes and passions of our world

HOMILY

the 28th July 2019

Open our hearts to the wonder of prayer and let my lips be ever true to You. AMEN

When I was a hospital chaplain, the thing that bothered me the most was not questions about why I believed: by those who did not. Rather, it was when someone asked me to pray for their loved one and then refused to join me in prayer because "I don't know how to pray". And when I assured them that prayer is just talking to God, having a conversation . . .

But it was a mystery that they could not act on - a faith that was not theirs.

So I really understand the disciple who asked Jesus to teach them how to pray. One wants to get it right since Jesus said that prayer is the "one necessary thing".

This lesson in praying resulted in the most significant prayer of Christianity . . . it is prayed world-wide, . . . is the prayer most often memorized and it is the one we return to when we are in need . . . as well as when we recite it in mere adherence to the day's liturgy.

This is a how-to lesson in "how-to" pray. Jesus was giving us a pattern to use when we create our own prayers: our own conversations with God.

And the lesson begins with how you address God in prayer. After all, God has many names: Lord, Creator, Master, Trinity and lots more: all perfectly acceptable. You may have your favourites, for me it is "Creator" but Jesus taught that when you pray, say: "FATHER, hallowed be your name..."

Why "Father" among all the names there are for God? It is because our most intimate relationships are family relationships: whether of blood or those we create.

Loving parents sacrifice for their children all the time and are always on the lookout for what is best for them. And mothers and fathers regularly accede to their children's requests.

Jesus is putting us not in the position of a stranger or an associate or a friend of God. Rather, he is reminding us that we are God's creation, His children - and that we are free to relate to Him and to address Him in that most familiar of terms, Abba, or Father. Abba, the Aramaic word Jesus used, could better be translated as "Daddy" or "Dad" . . . not the formal, public, term of Father. And that it what He instructed us to say when we pray. Blame the translators for the formality and losing the intimacy of Abba.

"Hallowed be Thy name" is a prayer of praise . . . comparable to a child hugging his Father and saying, "Hey, Dad, you're the greatest . . . "

God **IS** the greatest in everyway and we are praising Him to His glory. We will soon enough get into the things we are asking of God, but it is only right that we start with praise and our fondest wishes for Him and His coming Kingdom.

But how often do we think about what we are really saying when we recite these words: because when we do, it gives us a real appreciation and understanding of our relationship with God and of His greatness.

The prayer then gets into our wants and needs. Asking for our "daily bread" is really saying, " . . . give us all the things we need to live in this world . . . food, clothing, shelter . . . ".

And then the "biggie" . . . we ask for forgiveness for what we have done and for protection from all evil to come. Our sins have so many faces, those that we did and those that resulted from what we did not do. Big and small. Intentional and careless. With malice and with indifference. The evil we see happening to others and we walk on by. The opportunities to love and serve that we ignore. And we go forth each day

with all the imagination that humans seem to have to find new ways to offend our God or ignore His teachings.

What separates humankind from other animals is that we know the difference between right and wrong.

Jesus knew that and so we come to that point in the prayer that has the most frightening statement in the entire Bible:

" . . . forgive us our trespasses,
as we forgive
those who trespass against us . . . "

How can we ask for forgiveness if we are not willing to forgive others. It is just as He said when He gave us the two Great Commandments

"... love the Lord thy God ... love thy neighbour as thyself ... "

You must forgive others to be forgiven by God.

You must love your God and yourself to love others.

We know that in dying, Jesus has already wiped away our sins through His love. But if we truly accept Jesus into our lives, we want to follow His ways, His dictums, His teachings, His love. And in doing that we become more aware of our sinful ways and want to change and, even though virtually every day, we relapse and fail in our goal of living a Christ-filled life, we still need to ask for forgiveness for our failings. We are begging for God's grace and mercy to separate us from the evils that we succumb to . . . the prayers we don't say, the good we don't do, the indifference we show instead of love to others, all-in-all: our self-centredness instead of Christ-centredness.

And then, the Gospel shifts. Having taught us the elements of prayer, Jesus then seems to take off on a tangent in another direction with the friend knocking on his door at midnight.

But it is a parable that is meant to be remembered as teaching us that if your prayers are not immediately or apparently answered, persist in prayer, for

"... ask and you will receive;
seek and you will find;
knock and the door will open ..."

Jesus does not tell us why it is alright to nag away at God but here and in a number of other lessons He insists that we are to be persistent in our prayers. Perhaps it is because we sometimes ask for things that even we know are not good for us, or are frivolous, or just plain wrong . . .

"Lord, let me win the mega million lottery . . . "

"... Lord, let John break his leg so that I can win

the race ... "

"... Lord, take 25 lbs off me before I go to the swim party next month ... "

And maybe given time we realize it was not what we should have been asking for.

Maybe we see how wrong our motives were. And maybe in not being generous to others, God is waiting for us to mend our behaviour, rather than rewarding the bad.

Sometimes what we think will be the solution is not the one that God sends. Think about how often you make plans and they do not turn out as you imagined.

Sometimes things are worse and sometimes they are better. Some dreams are not to be: and you end up grateful that those prayers were not answered.

And remember, we know that things earned are far more valued than what we are just given.

I offer a personal example. For many years I saved up for the annual silver sale that Birks holds. And I would go down and buy one or two pieces of silver cutlery each year. Eventually I was making enough money that I could buy a whole place setting each year. But I still was five sets away from my goal. And then my husband thought what a wonderful gift it would be to give me all five. And he did. And it was a kind and generous act. But I never held them and felt the joy and satisfaction that I had when I was only able to buy a fork or a teaspoon after a year of saving.

Giving us courage or determination may be God's answer to our prayer: giving me more self-discipline so that I can stick to a diet or an exercise plan may be God's answer to my pleas for instant weight reduction . . . and that is what I need . . . a miracle is not necessary!

Last Sunday when I was driving Benjamin home, we got into a discussion of why Christ said in last week's Gospel to turn your back on those that are not interested in

hearing the Word . . . and I wondered at that compared to the persistence in seeking God. I still wonder and I will continue to pray about it . . . just as I do with so many things I do not understand.

But I do know one thing that I am absolutely positive about: God loves me and He loves you and someday with Him all will be revealed and understood.

Until then, let us go on persistently praying, to our Lord and Dad.

AMEN